

VU Research Portal

Economic evaluations of worksite health promotion programs

van Dongen, J.M.

2014

document version

Publisher's PDF, also known as Version of record

[Link to publication in VU Research Portal](#)

citation for published version (APA)

van Dongen, J. M. (2014). *Economic evaluations of worksite health promotion programs*. [, Vrije Universiteit Amsterdam].

General rights

Copyright and moral rights for the publications made accessible in the public portal are retained by the authors and/or other copyright owners and it is a condition of accessing publications that users recognise and abide by the legal requirements associated with these rights.

- Users may download and print one copy of any publication from the public portal for the purpose of private study or research.
- You may not further distribute the material or use it for any profit-making activity or commercial gain
- You may freely distribute the URL identifying the publication in the public portal

Take down policy

If you believe that this document breaches copyright please contact us providing details, and we will remove access to the work immediately and investigate your claim.

E-mail address:

vuresearchportal.ub@vu.nl

CONTENT

Chapter 1	General introduction	7
PART 1	SYSTEMATIC REVIEWS	
Chapter 2	A systematic review of the cost-effectiveness of worksite physical activity and/or nutrition programs	27
Chapter 3	Systematic review on the financial return of worksite health promotion programmes aimed at improving nutrition and/or increasing physical activity	63
PART 2	APPLIED STUDIES	
Chapter 4	A cost-effectiveness and return-on-investment analysis of a worksite vitality intervention among older hospital workers: results of a randomized controlled trial	99
Chapter 5	Cost-effectiveness and financial return of a mindfulness-based worksite intervention aimed at improving work engagement: results of a randomized controlled trial	125
Chapter 6	Cost-effectiveness and return-on-investment of a worksite intervention aimed at improving physical activity and nutrition among construction workers	163
Chapter 7	Cost-effectiveness and return-on-investment analysis of a combined social and physical environmental intervention in office employees	199
PART 3	IMPROVING EVIDENCE-BASED PRACTICE	
Chapter 8	Trial-based economic evaluations in occupational health: principles, methods, and recommendations	239
Chapter 9	Bridging the gap between the economic evaluation literature and daily practice in occupational health: a qualitative study among decision-makers in the healthcare sector	271

Chapter 10	General discussion	305
	Summary	343
	Samenvatting	353
	About the author	363
	List of publications	365
	Dankwoord	369